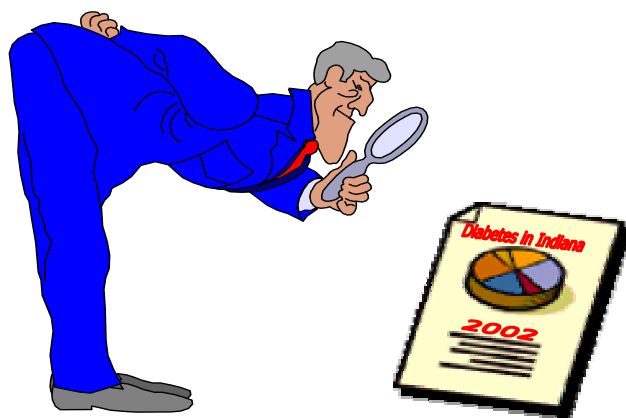


Looking



g at Diabetes in Indiana

7.4% of adults 18 and over in Indiana surveyed in 2002 had been diagnosed with diabetes
7.2% of males; 7.6% of females*

Of those with diabetes:

- **88.3%** had seen a health professional for diabetes at least once in the past year
- **28.6%** take insulin; **66%** take diabetes pills
- **55.1%** had a flu shot in the past year
- **48.3%** had ever had a pneumonia shot
- **66.3%** had a dilated eye exam in the past year
- **80.7%** had at least one hemoglobin A1C test in the past year
- **64.7%** had their feet checked at least once in the past year by a health professional
- **63%** had taken a diabetes self-management class
- **21.6%** were current smokers; **35.5%** were former smokers
- **47.3%** were obese (BMI > 30)
- **40.1%** had not gotten any exercise in the past 30 days

Indiana State Department of Health, Diabetes Prevention and Control Program

**Source: 2002 BRFSS data for Indiana*